

**M.R.R. GOVT. DEGREE COLLEGE – UDAYAGIRI.
NELLORE (Dt)**

NSS REPORT



ACADEMIC YEARS.

2013 - 2018

M.R.R.GOV.T.DEGREE COLLEGE, UDAYAGIRI, NSS Unit was working under Sri Venkateswara University, Tirupati. But this was converted to V.S. University, Nellore in the academic year 2011-2012.

OBJECTIVES OF NSS:

To understand the community in which they work.

To understand themselves in relation to their community.

Identify the needs and problems of the community and involve them in problem solving.

Develop among themselves a sense of social and civic responsibility.

Utilize their knowledge in finding practical solutions to individual and community problems.

Develop competence required for group living and sharing of responsibilities.

Gain skills in mobilizing community participation.

Acquire leadership qualities and democratic abilities

Develop capacity to meet emergencies and natural disasters and

Practice national integration and social harmony.

AIM:

The programme aims to inculcate awareness of social welfare in students and provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite scarcity of resources. NSS also provides help in natural and man-made disasters by providing food, clothing and first aid to the disaster victims.

REGULAR ACTIVITIES:

The programme officer has to conduct these activities for 240 hours in a year within the Institution. There is a misconception that Sramadhanam, Plantation, Blood Donation and AIDS awareness are the only regular activities. But the NSS programmes officer can also conduct the other regular activities as per the academic background of the volunteer. The regular activities can cover Communication Skills, Career Counselling, Passport taking formalities, Oversees Education information, Placement Information, Legal Awareness, Law and Order, Global Warming, Support to Government Programmes, Health and Hygiene. These programmes should be conducted besides identified activities of the Ministry of Youth Affairs & Sports. If we conduct these Programmes even now students will be attracted towards NSS. One of the intentions of these Programmes is to identify sincere, disciplined and talented volunteers for State and National Level Programmes.

M.R.R. GOVT. DEGREE COLLEGE – UDAYAGIRI. NELLORE (Dt)

NSS REPORT – 2013 – 2014

NSS Unit of M.R.R. Govt. Degree College , conducted the following programmes for the academic year 2013-2014.

15.08.2013 – Independence day parade

05.09.2013 – Awareness programme on communication skills

15.09.2013 – Health and Hygiene

24.09.2013 – NSS day celebration

15.10.2013 – Enrolment of Voters

01.12.2013 – Aid Day rally and awareness programme

25.01.2014 – Rally on Voters day

And other college level programmes.

Apart from the above regular activities, a special camp was conducted in the adopted village.

NSS Volunteers became good citizens and learnt patriotism, adjusting attitude, tolerance, significance of health, leadership qualities, society concern etc. by participating in the above programmes.

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NSS REPORT – 2014 – 2015

NSS Unit of M.R.R. Govt. Degree College, conducted the following programmes for the academic year 2014-2015.

12.08.2014 to 16.08.2014 International Youth Week celebrations.

17.08.2014 Awareness programme on Blood Donation.

18.08.2014 – Blood Donation Camp

24.09.2014 - NSS Day celebrations

20.10.2014 – Swatcha Bharath programme

01.12.2014 – Rally on Aids Day

25.01.2015 – Awareness programme on voters day

08.03.2015 – Women's Celebrations

Apart from the above programmes weekly campus cleaning, plantation of saplings etc was taken up by volunteers actively.

The volunteers learnt good patriotism, leadership qualities, tolerance, personal discipline, society concern etc. by participating in the above programmes.

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NSS REPORT – 2015 – 2016

NSS Unit of M.R.R. Govt. Degree College , conducted the following programmes for the academic year 2015-2016.

21.06.2015 - International Yoga Day

20.07.2015 – Orientation programme on communication skills and soft skills.

22.07.2015 – Clean & green programme in the college campus.

12.08.2015 – Rally and oath on Aids awareness and formed Human chain in the form of red ribbon.

18.08.2015 – Health awareness programme on Cancer

20.08.2015 – Plantation of Saplings

24.09.2015 – NSS Day Celebrations

01.12.2015 – Aids Rally

17.12.015 – Pensioner’s day celebrations

Apart from the above programmes weekly camps cleaning, plantation of Saplings etc was conducted by volunteers actively.

Volunteers became good citizens by learning life skills in the special camps, national camps. They learned communication skills, personal discipline, societal concern etc. by participating actively in the above programmes.

M.R.R. GOVT. DEGREE COLLEGE – UDAYAGIRI. NELLORE (Dt)

NSS REPORT – 2016 – 2017

NSS Unit of M.R.R. Govt. Degree College , conducted the following programmes for the academic year 2016-2017.

- 21.06.2016 – International Yoga Day
- 29.07.2016 – Vanam – Manam Rally & Plantation of Saplings
- 30.07.2016 – Anti trafficking day.
- 10.08.2016 – Awareness programme on breast cancer
- 23.09.2016 – Awareness programme Domalapi Danda Yatra.
- 24.09.2016 – Rally on Domalapi Dandayatra
- 26.09.2016 – NSS day Celebrations
- 20.10.2016 – Blood app introducing programme
- 01.12.2016 – Aids day awareness programme & Rally
- 02.01.2017 to 07.01.2017 – Janmabhoomi Programme in adopted villages.
- 19.01.2017 – started ODF Survey at adopted villages and continues on 3rd Saturdays in every month.

Apart from the above programmes weekly camps cleaning, plantation of saplings etc was conducted by volunteers actively.

The volunteers learned significance of health, development concentration, nature protection, self confidence, self protection, empowerment, knew about health and hygiene, (importance of blood donation) societal concern, importance of digital India, adjusting attitude, tolerance, dignity of labour and self respect etc.

The Prime aim of Special Camp is that the Volunteers should become good citizens by learning the life skills in the special camping programme. They have to learn to be friendly and be with adjusting attitude, tolerance, dignity of labour, significance of health, Inherent Skills importance, Communication Skills, Leadership Qualities, Personal Discipline, Societal Concern, etc. Besides attitude Change, the Programme Officers should identify the talented and skilled Volunteers for University, State, National, International Level programmes.

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NSS REPORT – 2017 – 2018

NSS Unit of M.R.R. Govt. Degree College , conducted the following programmes for the academic year 2017-2018.

29.06.2017 – International Yoga Day

30.06.2017 – Vanam – Manam

11.07.2017 – International population Day

24.08.2017 – Awareness programme on Stress management.

12.09.2017 – 14.09.2017 – Disaster Management, Training

16.09.2017 – Ozone Day

04.09.2017 – Blood Donation Camp

22.10.2017 – Pink Ribbon Walk

28.10.2017 – Survey on ODF

Apart from the above programmes weekly campus cleaning, plantation of saplings etc was conducted by volunteers actively.

The volunteers learned significance of health, development concentration, nature protection, self confidence, self protection, self empowerment, knew about health and hygiene, (importance of blood donation) societal concern, importance of digital India, adjusting attitude, tolerance, Dignity of labour and self respect etc.